

Lent

2023

first day of lent: 02/22/2023

Do something
NICE
for a teacher
or pastor.

Make a cross
with things you
find in
nature. *two*

Read a Bible
story or book.

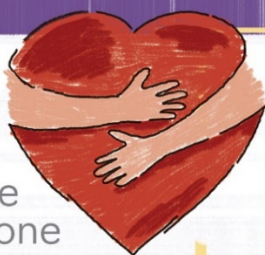
3

Play your
favorite game
with someone.

four

5

Give
someone
a hug.



NO
sweets
today!

six

7

Learn an
Easter song.



8

Make a
cottonball
lamb & think
about how Jesus is
the Lamb of God.



Help
someone
today.

ten

Draw or
decorate
colorful
Easter eggs.

11



Surprise someone
with a **SPECIAL
NOTE.**

12



14

Pray for
someone.



**GIVE
SOMEONE A
COMPLIMENT.**

15

16

Help with
yardwork or
pick up a piece of
litter.



13

Draw a
picture
with chalk
outside.



seventeen
Share a meal
with someone.

Perform
a random
act of
KINDNESS.

18

Download
Easter
coloring
pages, print
and color.

19



twenty

Tell God what
you are
thankful for.

LIST

reasons why
you love Easter.

twenty one



22

Draw or
purchase
an Easter
Lily for a
friend.

twenty three

Read John 13:1-17
and wash
someone's feet.

Have a palm
parade around
your home.

twenty four

FORGIVE

someone for
something they
did to you.

twenty six

Talk to someone or
think about why we
celebrate Easter.

27

Read
about
Good
Friday.

(John 19:16-37)

Go on a nature
scavenger hunt &
find things that
remind you of Jesus.



28



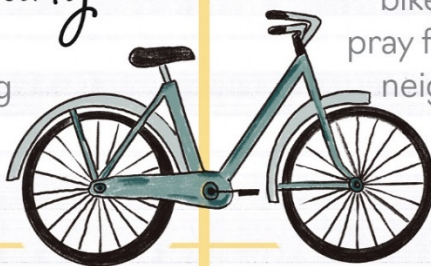
25

Draw
an
Easter
picture
for your
family.

29

thirty

Make
something
for
someone.



31

Go on a walk or
bike ride &
pray for your
neighbors.

Collect items
in a basket
that remind
you of
Easter.



32

thirty three
Play a
game in the dark
with flashlights.

Tell someone why
you love Jesus.

34



35

Play stack
the Peeps.

(See who can
stack the most
Peeps in
a minute.)

thirty six

GIVE UP
Something for
the day.

Make
an
Easter
card.

37

thirty eight

Hold the
door open for
someone.

39

Read about Jesus'
resurrection.

(Matthew 28;
Mark 16;
Luke 24;
John 20)



Attend an
Easter service.



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